

April 2025 Infomorsel – Earth Day Edition

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“Once we start to act, hope is everywhere. So instead of looking for hope, look for action. Then, and only then, hope will come.” --Greta Thunberg

Medical residents are increasingly seeking knowledge on the topic of planetary health, with many medical schools responding by incorporating climate change and planetary health into their curricula. According to surveys, some preceptors may feel unprepared to deliver this content in the clinical setting.¹

7 links to planetary health resources you may find helpful for yourself and trainees

Guide to Integrating Planetary Health in Family Medicine Training

Created by residents for residents, provides a conceptual framework for integrating planetary health into post graduate family medicine education (CCFP's Guide for Improving Family Medicine Training 2021).

The Primary Care Tool Kit

Developed by McMaster's own PEACH (Partnerships for Environmental Action by Communities within Healthcare systems) to simplify greening of your health care practice. This is a great place for inspiration if your resident needs a QI project. If you are inspired by this, check out PEACH's other great content.

Medicine for a Changing Planet – Case Studies

Based on real scenarios, these 11 clinical case studies help health professionals identify and develop strategies for detecting and managing new health threats caused by environmental challenges. Cases can be downloaded as slide sets for instruction in any educational setting.

Choosing Wisely & Climate Action

Every unnecessary test, treatment, and procedure that we reduce, is an opportunity to make a positive contribution towards the health of our patients and the planet.

Tiny Patients, Big Planet: Pediatric Prescriptions for a Changing Planet

Pearls for caring for the next generation – a great ~53 min podcast from the Cribscribers.

The Canadian Coalition for Green Healthcare

This group envisions an environmentally sustainable, climate resilient, net zero Canadian Health system. Explore this website or subscribe to their monthly newsletter the Green Digest for news and CME opportunities.

The Canadian Association of Physicians for the Environment

The Canadian Association of Physicians for the Environment (CAPE) just celebrated their 30th anniversary celebrating a legacy of using the physician platform to engage governments, run campaigns, conduct research, and draw media attention to key issues. Consider subscribing/joining a regional subgroup.

References

1. Bouka A, Belanger P, Thibault A, Saleh Z. Guide to integrating planetary health in family medicine training. Mississauga ON; College of Family Physicians of Canada; 2021.